



Overview for PE: Y1 – Y6

	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Y1	FMS (Fundamental Movement Skills)	Gymnastics & Dance	Hand Eye Co-ordination/ Sending & Receiving (Dodgeball)	Basics of attacking and defending and an introduction to team games	Athletics	Striking & Fielding
Y2	FMS	Gymnastics & Dance	Sending & Receiving in isolation and in games (Tag rugby & Dodgeball)	Attacking and Defending in isolation and games (Basketball and Netball)	Athletics	Striking & Fielding in isolation and games (Cricket & Rounders)
Y3	FMS (Hockey & Handball)	Gymnastics & Dance	Sending & Receiving in isolation and in games (Tag rugby & Dodgeball)	Attacking and Defending in isolation and games (Basketball and Netball)	Athletics	Striking & Fielding in isolation and games (Cricket & Rounders)
Y4	FMS (Hockey & Handball)	Gymnastics & Dance	Sending & Receiving in isolation and in games (Tag rugby & Dodgeball)	Attacking and Defending in isolation and games (Basketball and Netball)	Athletics	Striking & Fielding in isolation and games (Cricket & Rounders)
Y5	FMS (Hockey & Handball)	Gymnastics & Dance	Sending & Receiving in isolation and in games (Tag rugby & Dodgeball)	Attacking and Defending in isolation and games (Basketball and Netball)	Athletics	Striking & Fielding in isolation and games (Cricket & Rounders)
Y6	FMS (Hockey & Handball)	Gymnastics & Dance	Hand Eye Co-ordination/ Sending & Receiving (Dodgeball)	Basics of attacking and defending and an introduction to team games	Athletics	Striking & Fielding